


August 2022

<p>1) B: Egg & sausage sandwich, SFF, milk</p> <p>L: Cheese Pizza, CV, CF, milk</p> <p>S: goldfish, milk</p>	<p>2) B: Cereal, SFF, milk</p> <p>L: Chicken mac & cheese, FV, CF, milk</p> <p>S: fig bars, milk</p>	<p>3) B: Breakfast bars, CF, milk</p> <p>L: Ravioli casserole, CV, CF, milk</p> <p>S: crackers & string cheese</p>	<p>4) B: Waffles, SFF, milk</p> <p>L: Ham & cheese sub, CV, CF, milk</p> <p>S: gogurts, graham crackers</p>	<p>5) B: fruit smoothie, toast, milk</p> <p>L: Fish sticks, baked beans, CF, milk</p> <p>S: SFF, cottage cheese</p>
<p>8) B: cheesy eggs, bacon, english muffin, CF, milk</p> <p>L: beanie weenies, SFF, tots, saltines, milk</p> <p>S: SFF, milk</p>	<p>9) B: oatmeal, SFF, milk</p> <p>L: tuna mac & cheese, FV, CF, milk</p> <p>S: cheez its, milk</p>	<p>10) B: pancakes, CF, milk</p> <p>L: spaghetti & meatballs, salad, SFF, milk</p> <p>S: orange fluff, graham crackers</p>	<p>11) B: sausage biscuits, SFF, milk</p> <p>L: chicken cordon bleu sandwich, CV, CF, milk</p> <p>S: pudding and vanilla waffles</p>	<p>12) B: toast & jelly, CF, milk</p> <p>L: beef soft tacos, mexi-corn, CF, milk</p> <p>S: goldfish, milk</p>
<p>15) B: pineapple pancakes, milk</p> <p>L: chicken fries, CV, SFF, milk</p> <p>S: cottage cheese, crackers</p>	<p>16) B: cereal, CF, milk</p> <p>L: grilled cheese, tots, CF, milk</p> <p>S: veggies w/ ranch, milk</p>	<p>17) B: bagel & cream cheese, SFF, milk</p> <p>L: goulash w/ meat sauce, salad, CF, milk</p> <p>S: yogurt, fruit</p>	<p>18) B: biscuits & jelly, CF, milk</p> <p>L: salisbury steak, CV, CF, rolls, milk</p> <p>S: cookies, milk</p>	<p>19) B: cheesy eggs, SFF, milk</p> <p>L: chicken & spanish rice, veggies, fruit cocktail, milk</p> <p>S: cheese & crackers</p>
<p>22) B: go-yogurt, CF, milk</p> <p>L: cheeseburger, tator tots, CF, milk</p> <p>S: veggies & dip, milk</p>	<p>23) B: Fruit bars, CF, milk</p> <p>L: beef quesadillas, CV, SFF, milk</p> <p>S: pepperoni, crackers</p>	<p>24) B: eggs w/ sausage, CF, milk</p> <p>L: grilled cheese, tomato soup, CF, milk</p> <p>S: pudding, graham crackers</p>	<p>25) B: Cereal, SFF, milk</p> <p>L: chicken parm sand, CV, SFF, milk</p> <p>S: string cheese, club crackers</p>	<p>26) B: pancakes, pineapple, milk</p> <p>L: taco mac & cheese, CV, CF, milk</p> <p>S: Cake, milk</p>
<p>29) B: eggs, sausage, CF, milk</p> <p>L: taco burgers, chips & salsa, CF, milk</p> <p>S: cheez its, milk</p>	<p>30) B: French toast, CF, milk</p> <p>L: chicken fried steak, mashed potatoes, CF, milk</p> <p>S: trail mix, milk</p>	<p>31) B: yogurt, granola, SFF, milk</p> <p>L: pineapple chicken & rice, CV, SFF, milk</p> <p>S: SFF, milk</p>		
<p>SFF= Seasonal Fresh Fruit (apples, bananas, melon, orange slices)</p>	<p>CF= canned fruit (peaches, pears, tropical fruit, mixed fruit, pineapple, mandarin oranges, applesauce)</p>	<p>CV= canned vegetable (peas, green beans, corn, carrots, mixed veggie)</p>	<p>FV= fresh veggie (carrot sticks, broccoli, cucumber slices, celery sticks)</p>	